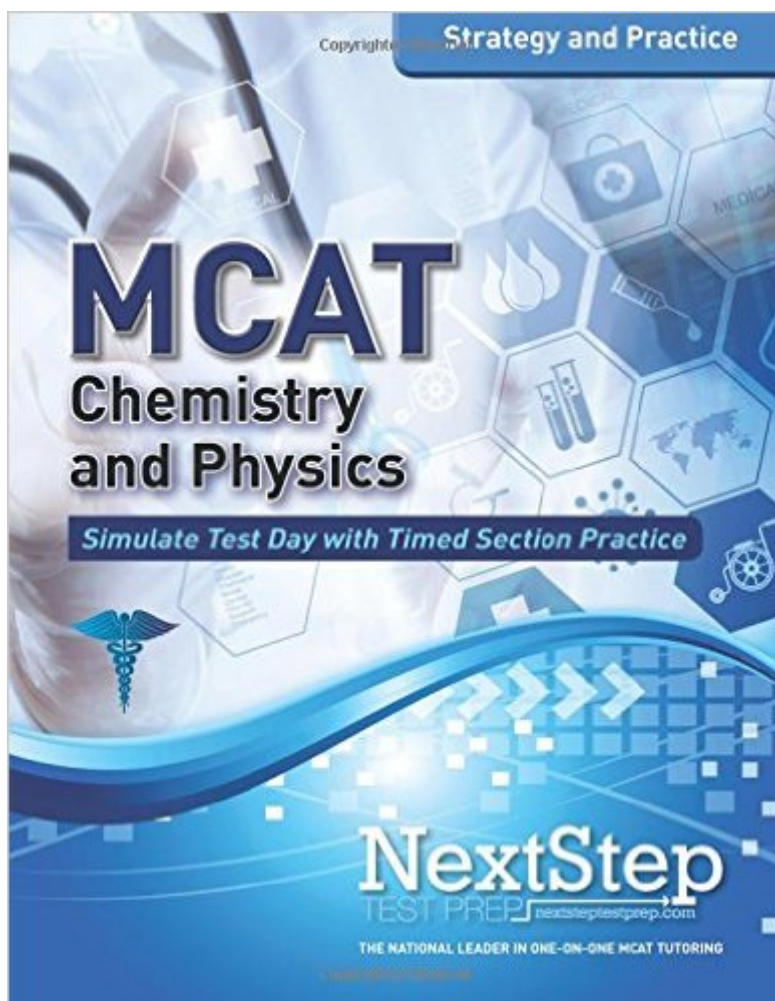


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# MCAT Chemistry And Physics: Strategy And Practice: Timed Practice For The Revised MCAT



## Synopsis

Revised for 2016! All of Next Step's books have gotten a full review and update. More Free Stuff!: We are now offering a free full-length exam in addition to the free diagnostic test described below. See the book insert for instructions on how to register for this free additional full length exam. Get the most realistic practice available for the MCAT's Chemical and Physical Foundations of Biological Systems section. Next Step's Strategy and Practice books give you a focused review of several different approaches to MCAT problems, and then offer the single most important resource an MCAT student needs: full timed section practice. Test your skills by completing practice sections and then build upon them with the most thorough explanations available in any MCAT prep book. Unlike most other books (that simply give you an answer key and maybe a short description of the right answer), all of Next Step's Strategy and Practice books show you how to do a thorough breakdown of the passage itself and then follow that up with a careful analysis of the question and every answer choice. Those who purchase a Next Step book also get free access to our online MCAT diagnostic test. See the URL at the front of the book for instructions on how to register. Finally, you can always check for free updates and free upgrades to our books here: <http://nextstestprep.com/mcat-materials-change-log/>

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## Customer Reviews

Now that I've had the book for a few months, I can evaluate it. For first-time MCAT students who

need to seriously practice their chemistry or repeat testers who need more practice for the new MCAT, this book is incredibly helpful. The passages are written in a style that really mimics that of the new MCAT material I have purchased from the aamc. The explanations are logical, clear, understandable and they never make me scratch my head. In addition, many excellent figures are included in most of the passages so I get to practice my data interpretation and statistics analysis that the AAMC seems to be after. With numerous strategies and 45+ practice passages covering all Chem/Physics topics the aamc says can show up on the MCAT, this book is a must-buy for those who need physics/chem MCAT practice.

This book has helped me with really challenging myself and with practice problems in real time. It even has a breakdown score. I really like this better than Kaplan. I will be getting the Bio and CARS version of this soon!

Not the most helpful for the new MCAT

incredibly helpful for those who need a lot of practice and simple explanations of complicated concepts

not really helpful for the real MCAT.

One of the most important parts of studying for the MCAT is actually doing practice passages. These passages accurately and efficiently present passages in a manner very similar to the AAMC MCAT test writers. When you work through these passages you are not just testing your basic science knowledge like in some prep books, but you are also work on real MCAT test taking skills and use reading comprehension to solve questions. This is a must buy for any serious MCAT user.

I've found the lack of practice for the new test so far to be a consistent & unfortunate theme - but this book has finally provided the amount of practice that's needed to study for the MCAT. The questions are of good quality, but the real gold is in the explanations, which address the topic each question is testing and additionally show how to get the right answer again when the type of question reappears. It's a great workbook for Chem & Physics and I'm tempted to just purchase the rest of NextStep's workbooks.

In addition to reviewing chem/physics content I have been using this book to test my speed and ability to work through problems. The full length sections in this book have been a great way to see just how quickly I am able apply what I have learned. Definitely start with the content review books then move into doing more realistic practice. There are sooooo many questions to go through in this book, it has definitely been a great supplement to what I got with the prep course I am taking. My friends and study group members have also really liked this resource as well. This book is definitely a great addition to any MCAT-preppers tool box.

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